

North Metro Soccer Association

Youth/Recreation General Rules for Play

Age Level	U/6	U/8	U/10	U/12
# of Players on Field	5 v. 5 (no goalies)	6 v. 6 (includes goalies)	6 v. 6 (includes goalies)	8 v. 8 (includes goalies)
Length of Play	2/20 min halves	2/25 min halves	2/27 min halves	2/30 min halves
Size of Ball	3	3	4	4
Coaches On Field?	Yes 1 per team	Yes 1 per team	No	No
Offsides Called?	No	No	No	Yes

Coaches may change the above as necessary at their discretion. Any changes should be discussed with opposing coach and referee, and agreed upon prior to the start of the game.

No Slide tackling at any age level

NO SMOKING NO PETS IN THE PARKS

County and City ordinance